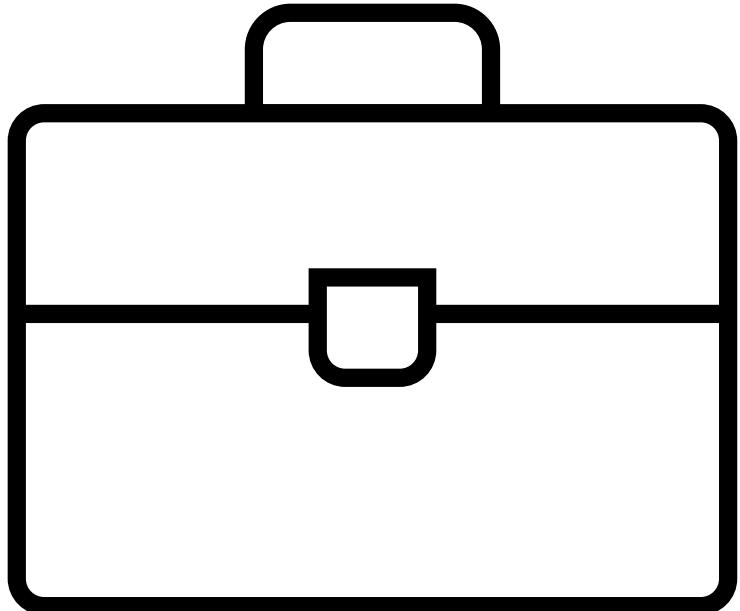


Real-Time Insights: Analysis of Job Posting Data in New Jersey 4th Quarter 2025

**NJDOL - Office of Research & Information
Division of Economic & Demographic Research
January 2026**

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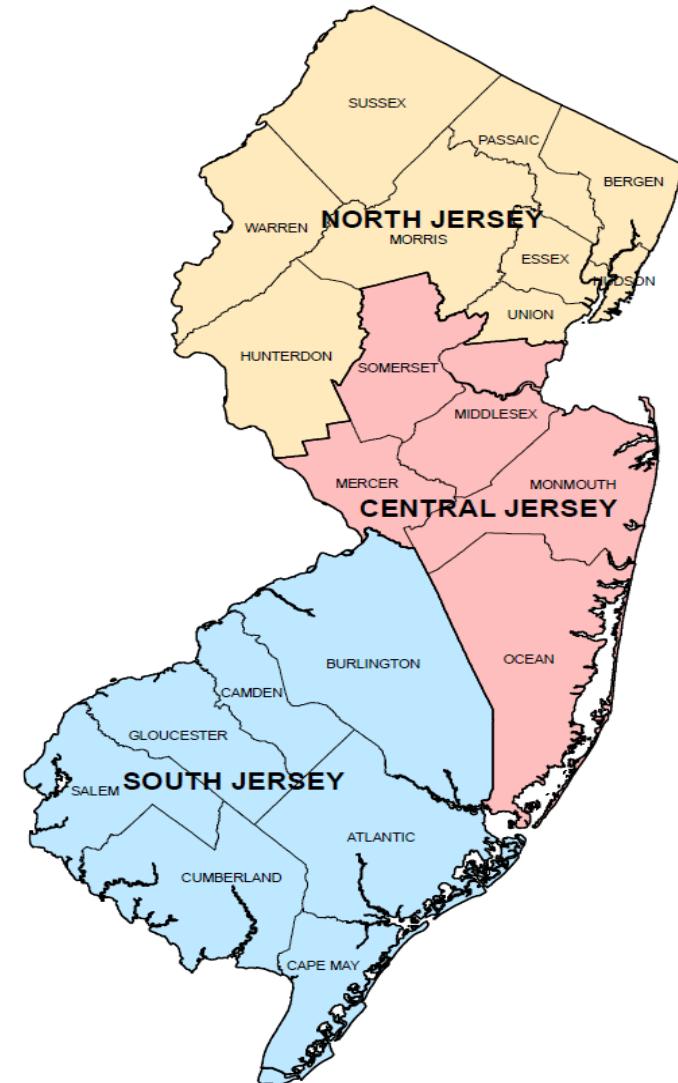


Real-Time Insights: Analysis of Job Posting Data in New Jersey

- This report highlights job postings at the state and regional level.
- The report includes data from October 2025 to December 2025.

Real-Time Insights: Analysis of Job Posting Data in New Jersey Continued

- This report breaks down job postings by three regions based on metropolitan statistical areas defined by Office of Management and Budget :



Real-Time Insights: Analysis of Job Posting Data in New Jersey Continued

Job Posting Data Breakdown

- Top Employers
- Key Occupations
- In-Demand Skills
- Major Cities



Key Findings: New Jersey Shows a Diverse Mix of Job Postings Across Multiple Regions and Industries



Bergen County had the most job postings in the state, followed by Essex and Middlesex Counties. These three counties have the highest population and employer density in the state.



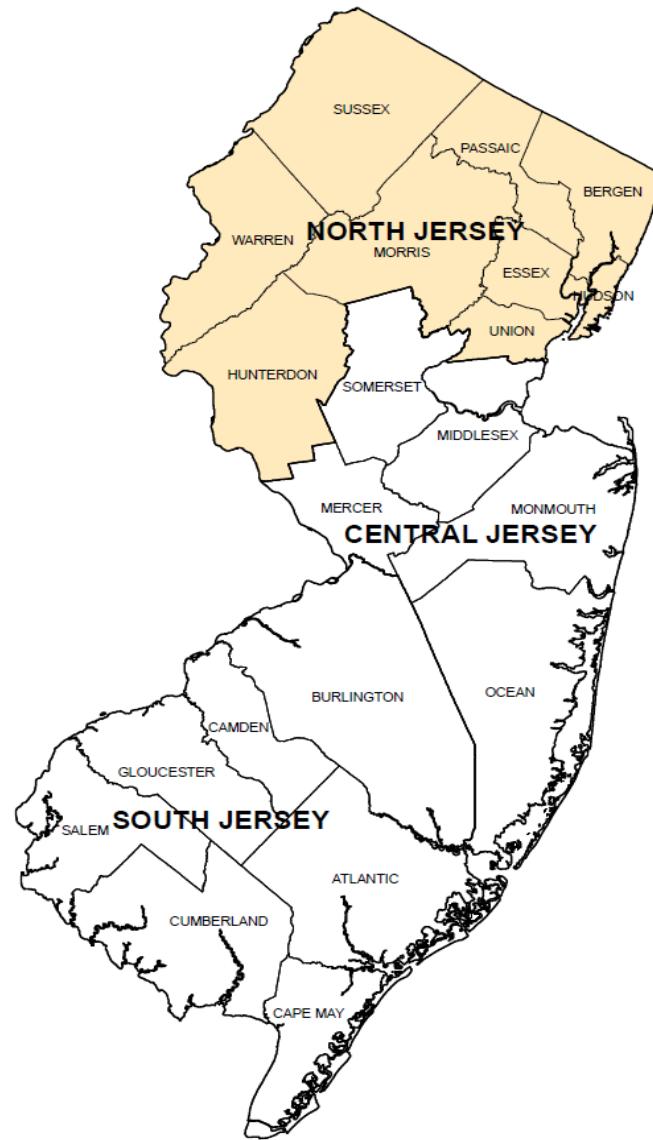
The two most populous cities in the state, Jersey City and Newark had the most job postings at the municipal level.

Registered nurses, retail sales, and truck driver positions had the highest number of job postings statewide

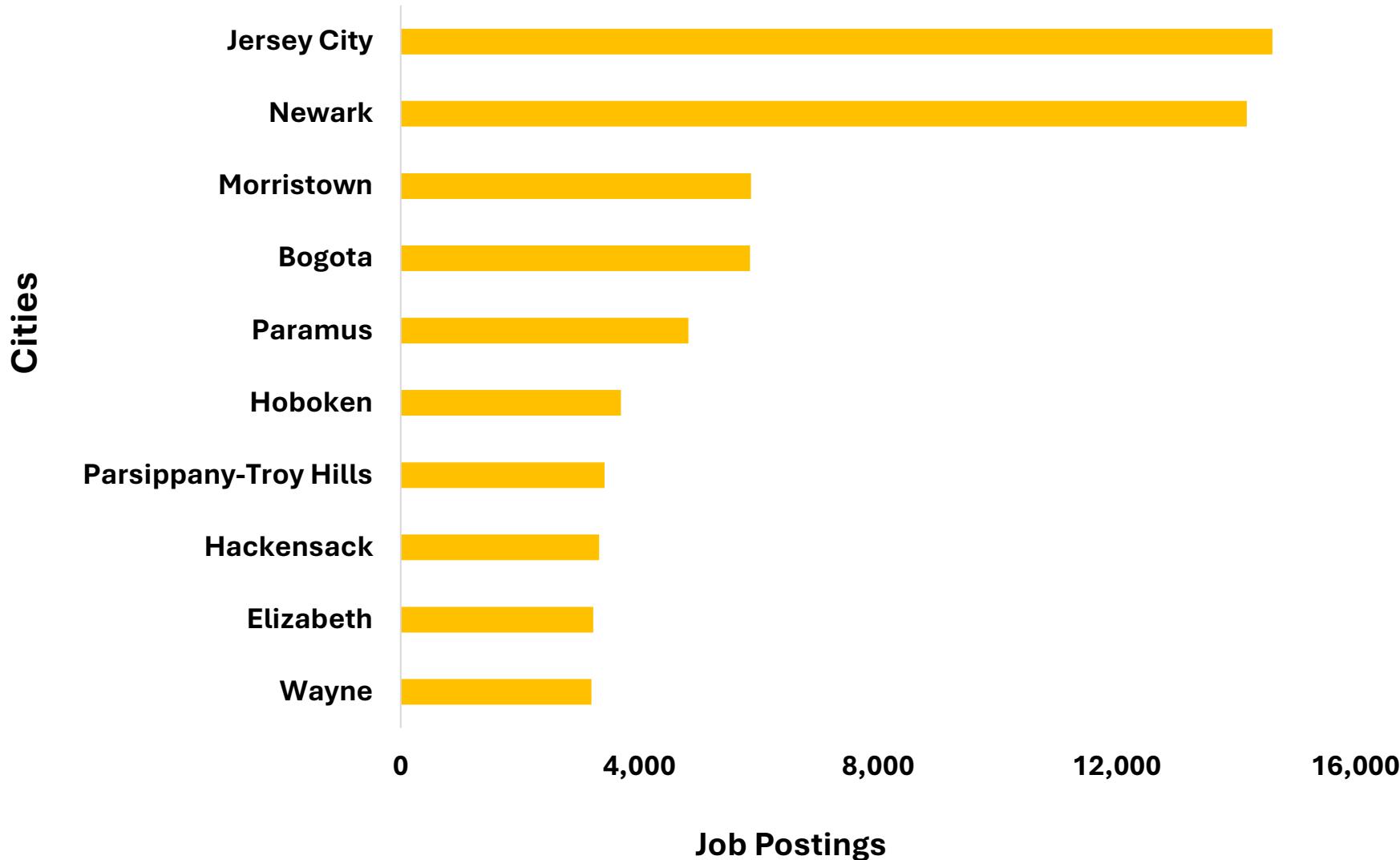
Occupations



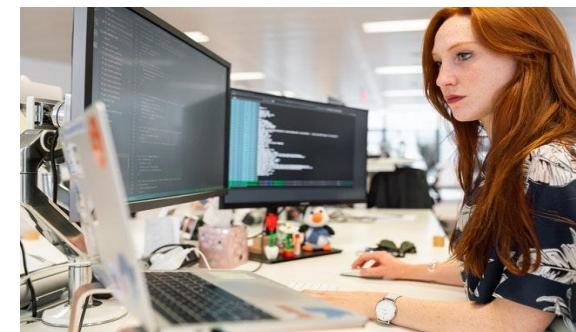
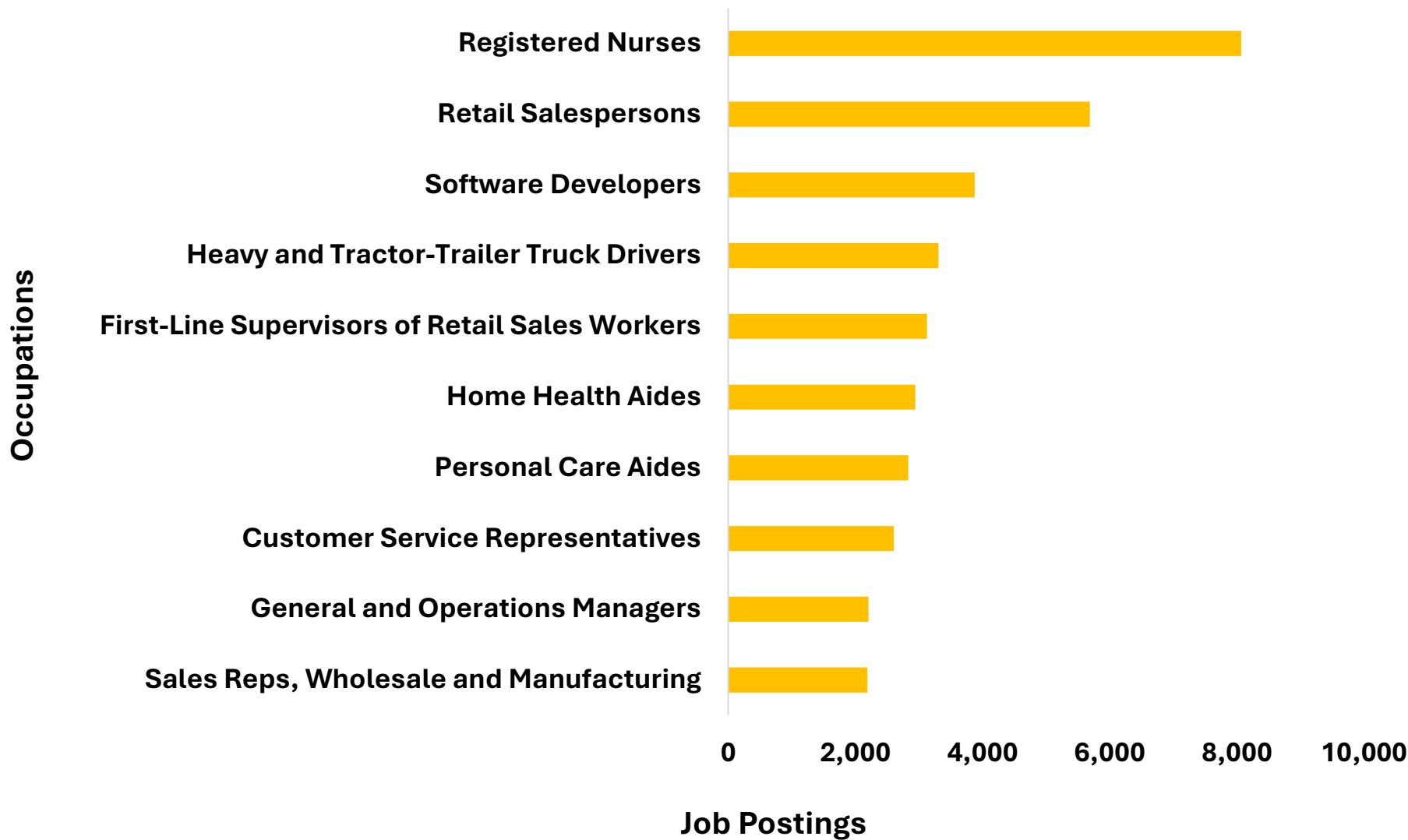
Northern Region



Jersey City, Newark and Morristown recorded the highest number of job postings in the Northern Region



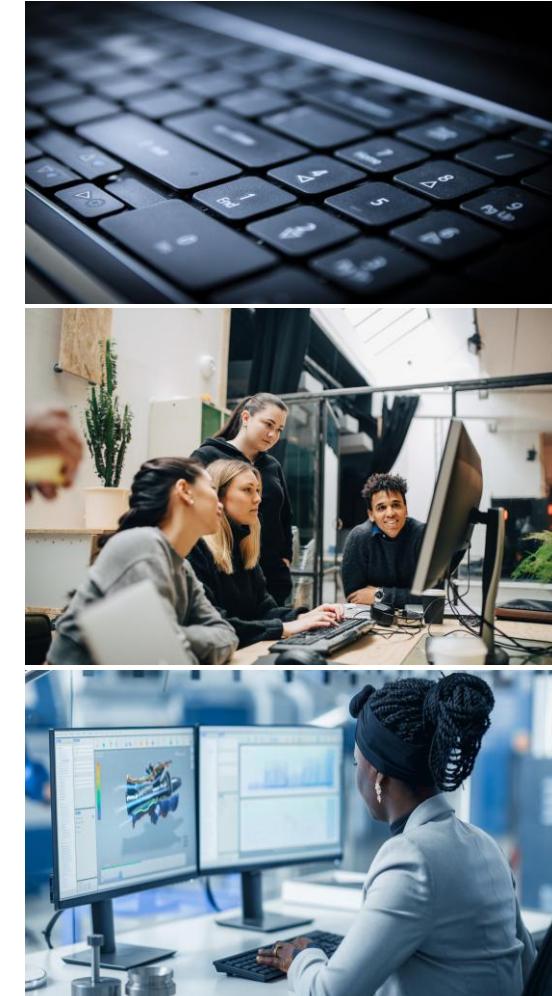
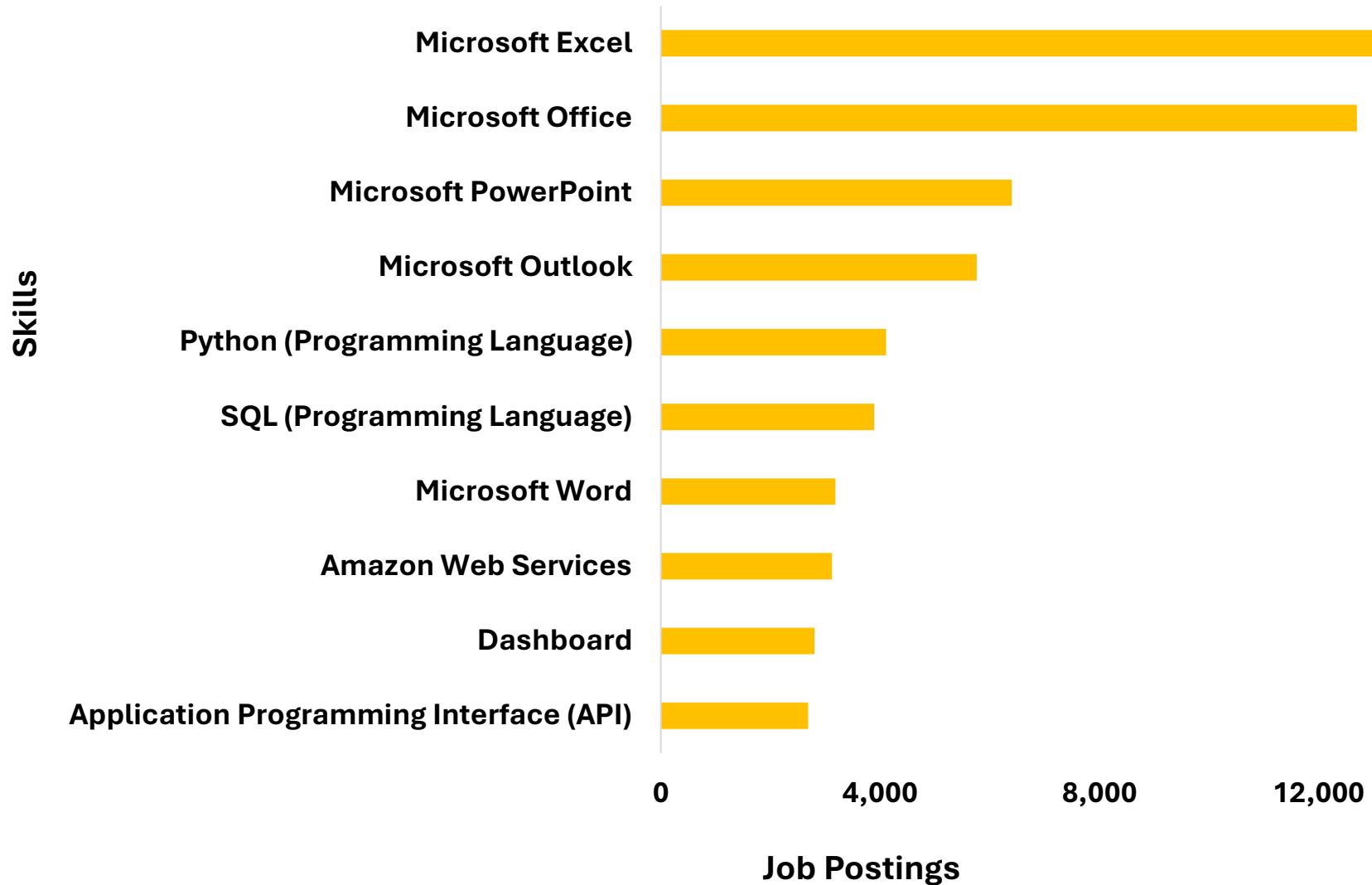
Registered nurses, retail sales positions and software developers had the most job postings in the Northern Region



Marketing, project management and nursing were the most sought-after skills in the Northern Region



Microsoft Office Suite and programming languages are the most requested software skills in job in Northern Region



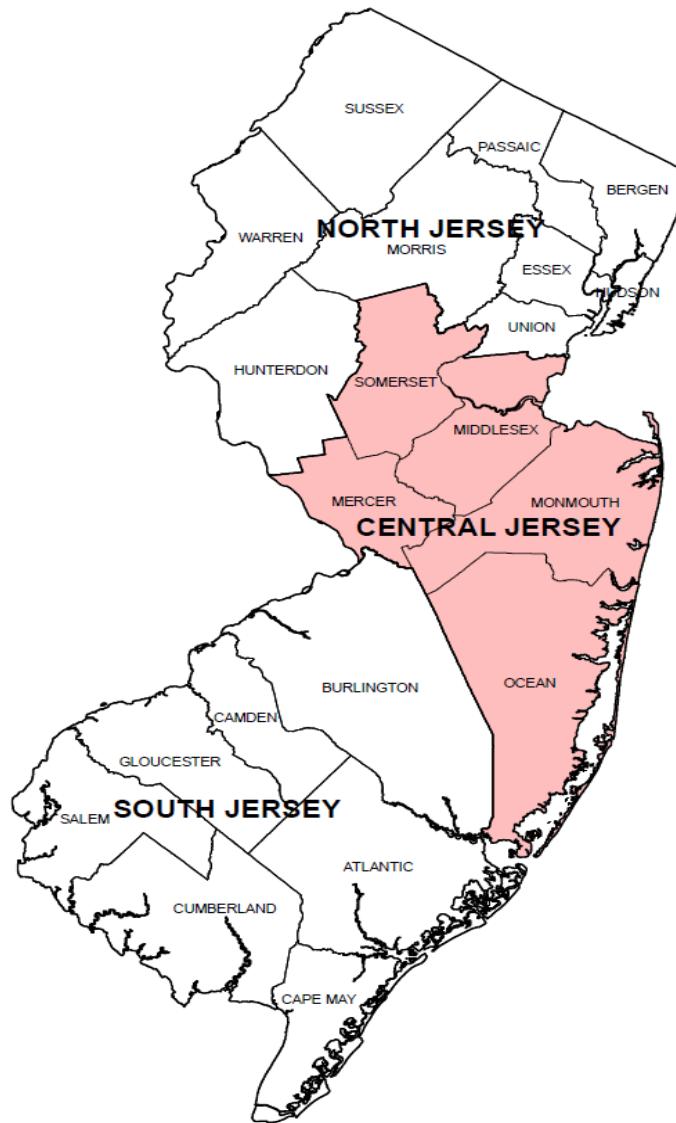
Top 10 Employers by Job Postings

Northern Region

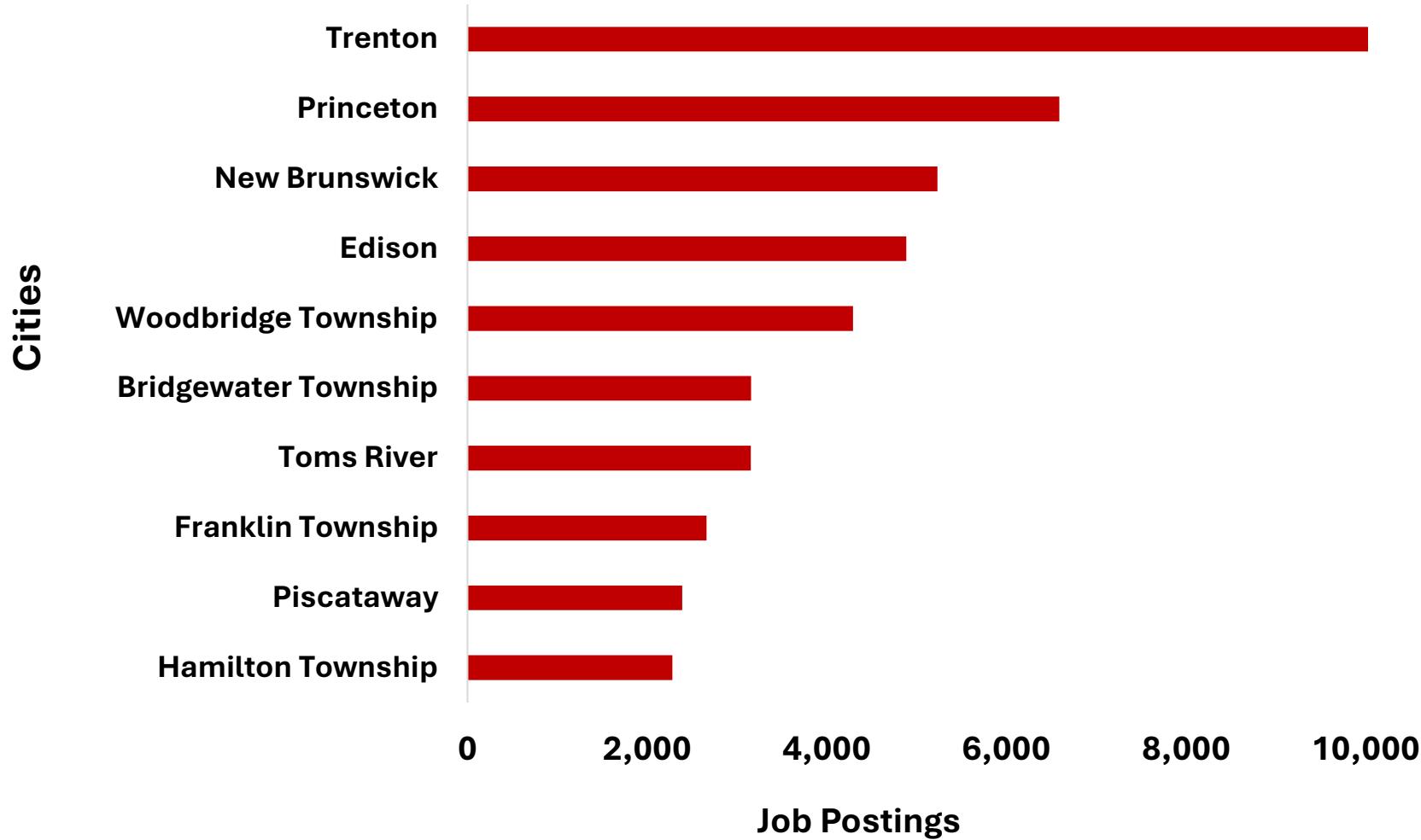
- Atlantic Health System
- JPMorgan Chase
- CVS Health
- RWJBarnabas Health
- ShopRite
- Hackensack Meridian Health
- Walgreens Boots Alliance
- Domino's Pizza
- Rutgers University
- KPMG



Central Region



Trenton, Princeton and New Brunswick had the highest number of job postings in the Central Region



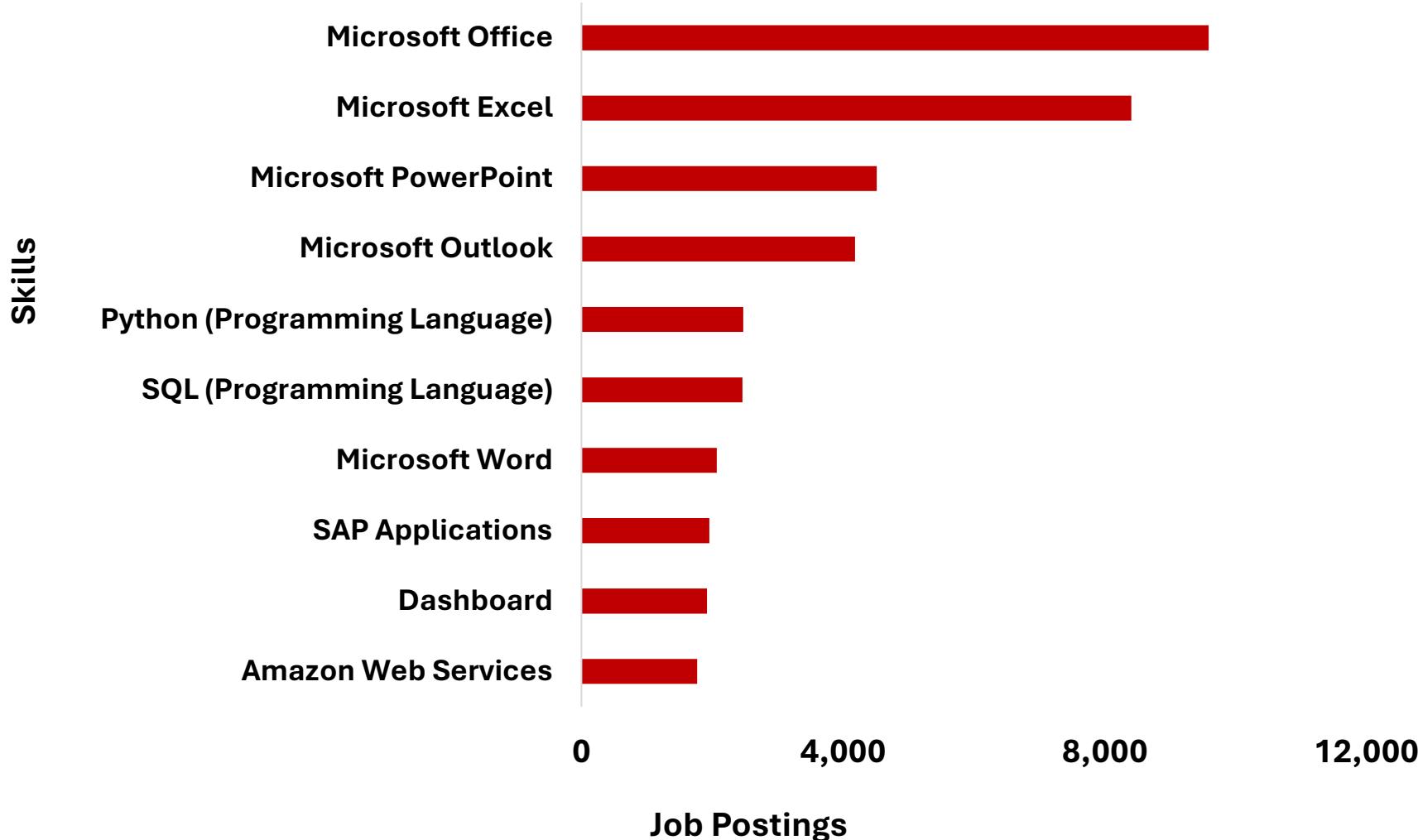
Registered nurses, retail sales and home health aides had the most job postings in the Central Region



Nursing, marketing and merchandising were the most sought-after skills in the Central Region



Microsoft Office Suite and programming languages are the most requested software skills in the Central Region



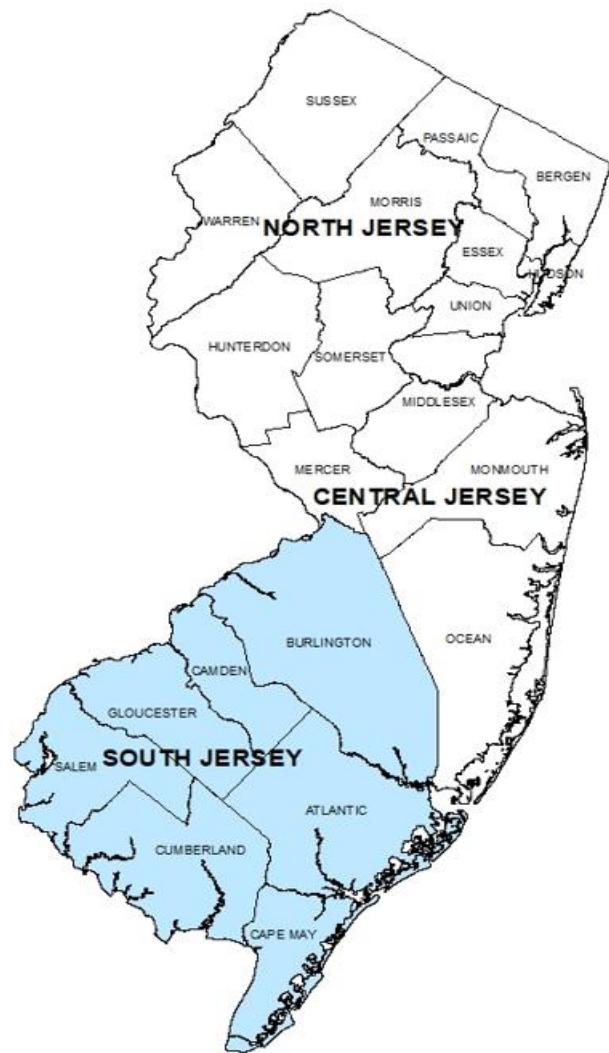
Top 10 Employers by Job Postings

Central Region

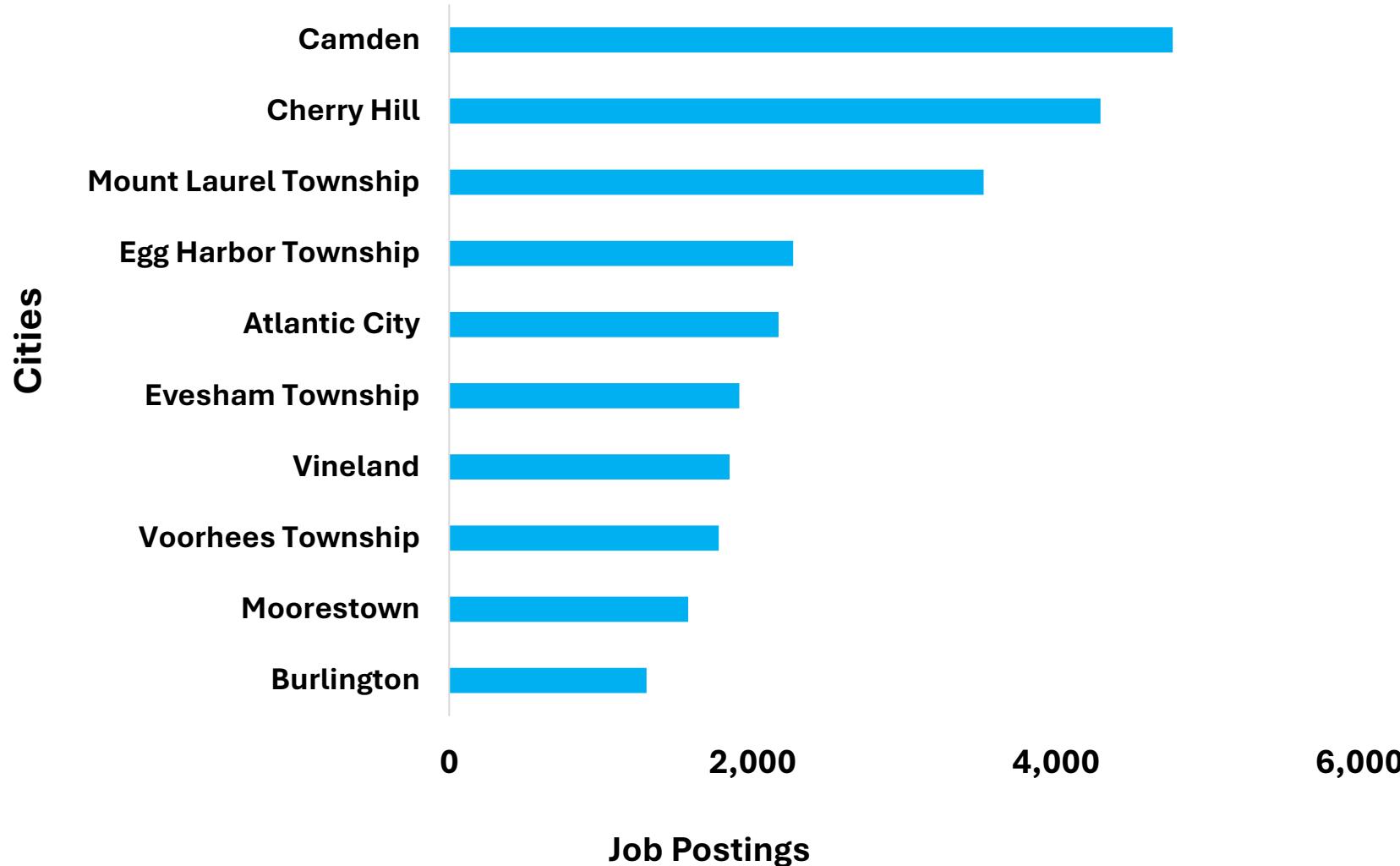
- Rutgers University
- Hackensack Meridian Health
- CVS Health
- RWJBarnabas Health
- Bristol-Myers Squibb
- ShopRite
- Walgreens Boots Alliance
- Rutgers-The State University
- BAYADA Home Health Care
- Princeton University



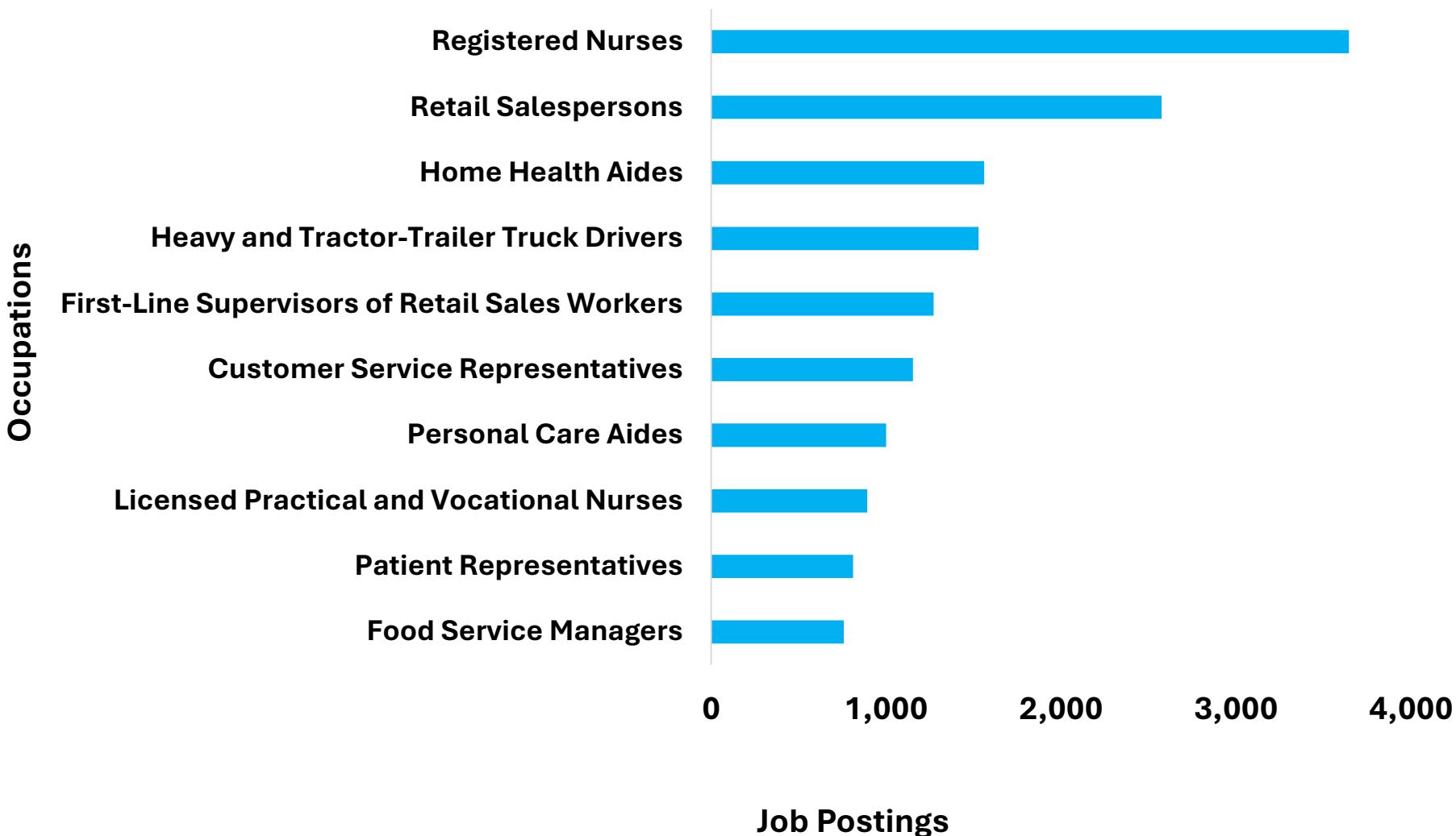
Southern Region



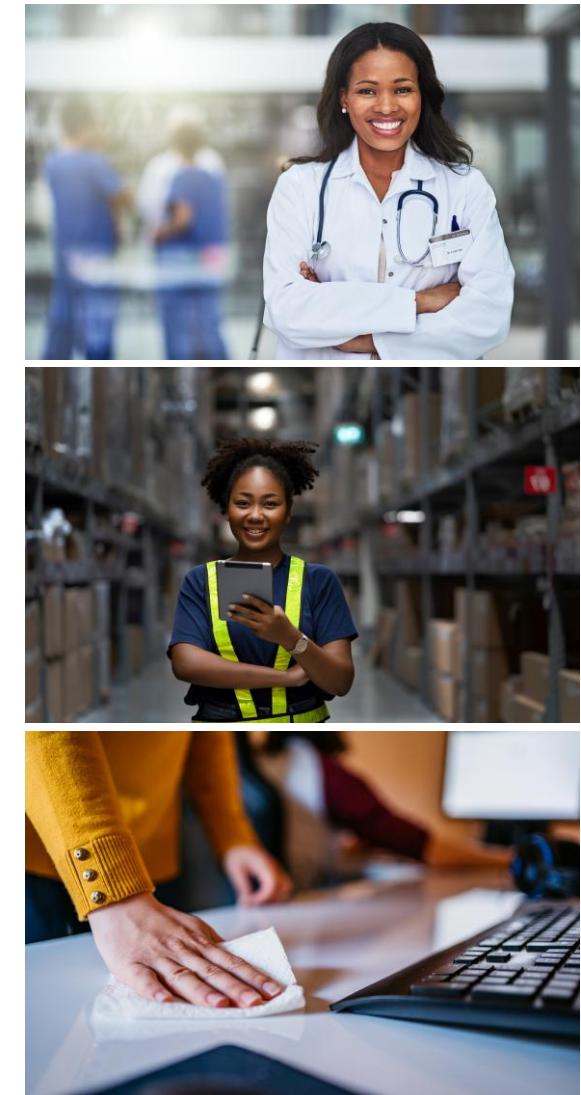
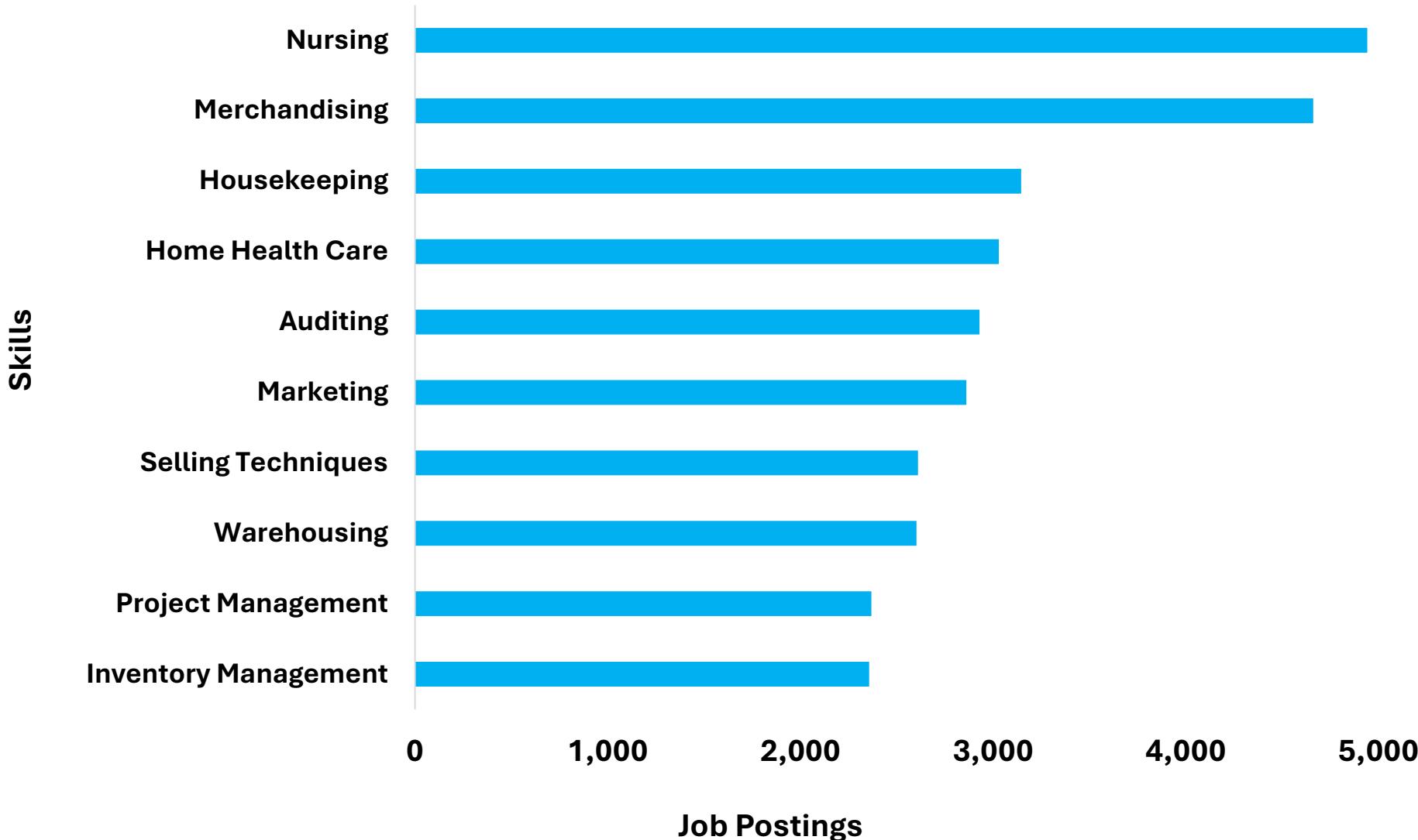
Camden, Cherry Hill and Mount Laurel had the most job postings in the Southern Region



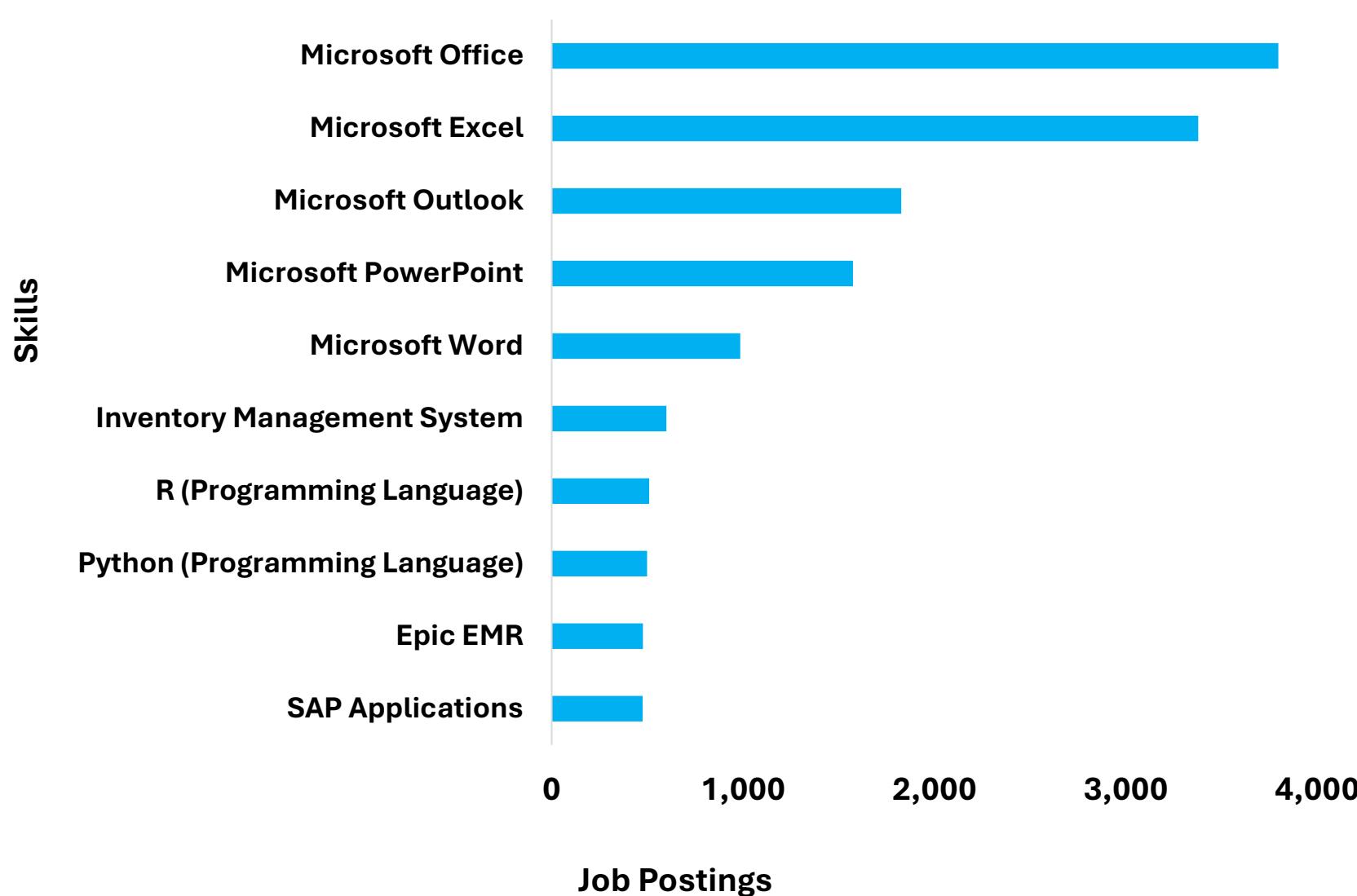
Registered nurses, retail sales and home health aides had the most job postings in the Southern Region



Nursing, merchandising and housekeeping were the most sought-after skills in the Southern Region



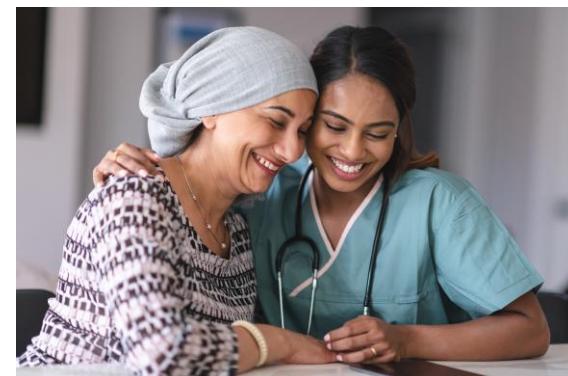
Microsoft Office Suite and its components are the most requested software skills in the Southern Region



Top 10 Employers by Job Postings

Southern Region

- Cooper University Health Care
- TD Bank
- Virtua Health
- CVS Health
- BAYADA Home Health Care
- Atlanticaire Regional Medical Center
- Inspira Health Network
- Allied Universal
- ShopRite
- Domino's Pizza



Real Time Job Posting Data

- This analysis is conducted using Lightcast data, which collects data from job postings listed on the internet.
- Data layered together across 2.5 billion job postings, 400 million career profiles, and 100+ government sources, scraped daily from online labor exchanges.
- Job posting data updated continuously, historically available, and regionally relevant.

Source: Lightcast Technologies, New Jersey 2025

Prepared by: New Jersey Department of Labor and Workforce Development, January 2026

Limitations of the Data

Limitations:

- A posting does not necessarily equal a job
- Some occupations and industries are underrepresented, some may be over-represented
- While Lightcast uses algorithms to remove duplicate listings, some redundancies remain

2025 Report Overview and Subscription Information

This report was prepared by the Office of Research and Information, Division of Economic & Demographic Research. This division collects and disseminates vital data on employers, employees, and population demographics.

2025-2026 NJDOL PUBLICATIONS

- [Identifying and Tracking Emerging Occupations in New Jersey's Key Sectors](#) (January 2026)
- [New Jersey's Manufacturing Sector](#) (Winter 2025)
- [County Brief: Labor Market Facts](#) (December 2025)
- [Labor Market Spotlight - Celebrating New Jersey's Veterans](#) (Issue No. 28, Volume 3: November 2025)
- [Labor Market Spotlight - New Jersey's Waterways Help Keep the Economy Flowing](#) (Issue No. 27, Volume 3: October 2025)
- [New Jersey Employment Situation](#) (September 2025)
- [Job Openings and Labor Turnover Survey \(JOLTS\)](#) (August 2025)
- [New Jersey Building Permits](#) (August 2025)
- [New Jersey's Life Sciences Sector](#) (Fall 2025)
- [Labor Market Spotlight - The Industries Powering New Jersey's Special Moments](#) (Issue No. 26, Volume 3: August 2025)
- [Real-Time Insights: Analysis of Job Posting Data in New Jersey 2nd Quarter 2025](#) (August 2025)
- [New Jersey's Health Care Sector](#) (June 2025)
- [New Jersey Business Employment Dynamics](#) (May 2025)
- [Survey of Occupational Injuries and Illnesses \(SOII\)](#) (April 2025)
- [Labor Market Spotlight - Fortune 500 Companies](#) (Issue No. 25, Volume 3: March 2025)
- [Labor Market Spotlight - Young Adult Workforce](#) (Issue No. 24, Volume 3: January 2025)

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Office of Research and Information

The New Jersey Department of Labor and Workforce Development's (NJDOL) Office of Research and Information is the singular solution for labor market data needs, combining the power of data and marketing materials to deliver evidence-based research. Our team of local and industry specialists provide technical assistance and information that highlights key New Jersey economic points, such as employment, wages, occupation, workplace safety, and labor force data.

This workforce product was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The product was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership. This product is copyrighted by the institution that created it. Internal use by an organization and/or personal use by an individual for non-commercial purposes is permissible. All other uses require the prior authorization of the copyright owner.